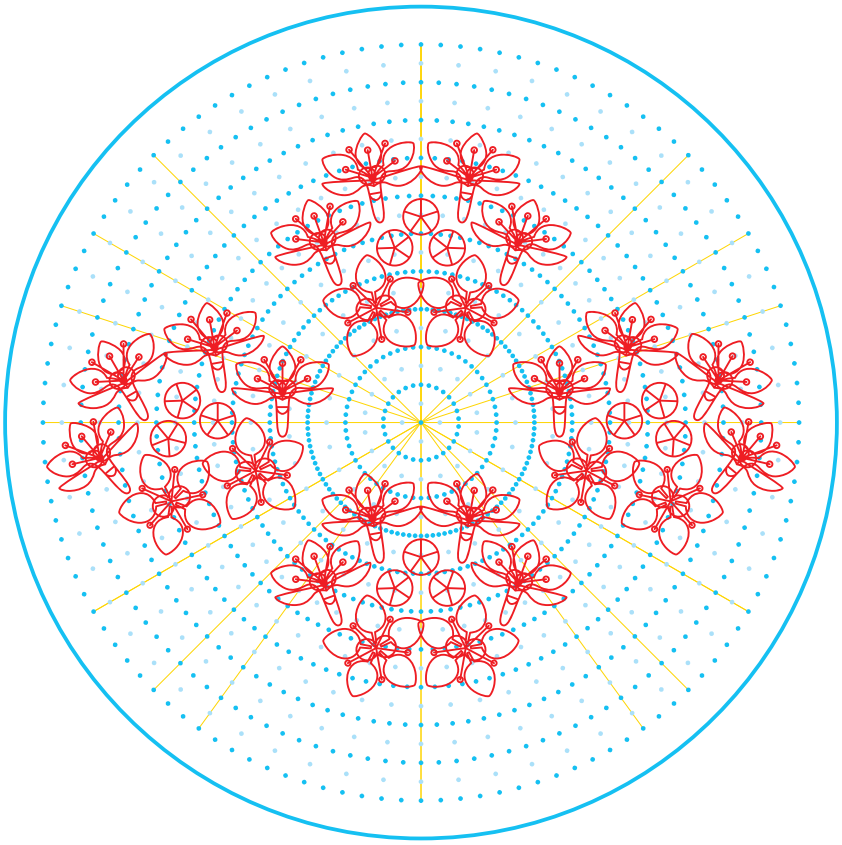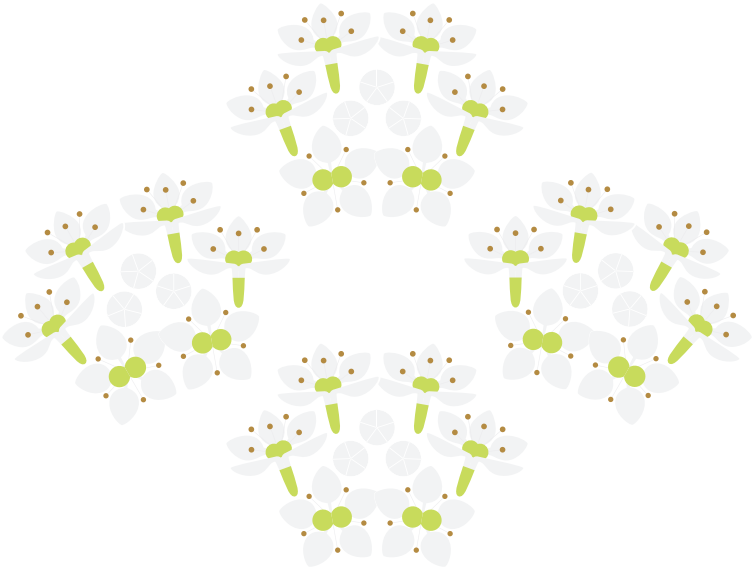セントウソウ